
Digital Signatures: The need and Overview on Mapping them with Cognitive domains

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Outline

- Digital signatures used as biomarkers
- Real time examples
- Measurables from digital devices
- Association of digital biomarkers with cognitive function
- Workflow for RADAR-AD
- Advantages of digital signatures
- Limitations of using digital signatures

Digital technologies used as biomarkers: The Need

- Conventional measures of neuropsychiatric disorders have several challenges
 - Obtrusive
 - not ecological
 - episodic

- High variability in existing cognitive tests scores at baseline (& over trial course):
produced false signals in phase 2 -> costly failures in phase 3 [1]

- Problems with existing tools:
 - accuracy of self and clinician reported measures [2]
 - substantial variability among individual administering tests

Digital signatures used as biomarkers: The Need

- Digitized forms improve data quality
- Enhance guidance during test by proactively responding to errors
- Calculate results automatically
- Check for consistency in responses
- Immediate response to missing data
- Integrate audio and video data capture into assessments
- Lead to increase in both accuracy and precision

Real time examples

- **Daily activity assessments with accelerometers:** used as a **primary end point** to test the ability of nitrates to enhance activity tolerance in patients with heart failure [3]
- **Alzheimer's Disease (AD):** Ankle mounted wearable accelerometers used to measure changes in daily motion behavior even in the absence of major behavioral impairments [4]
- **Distinguish between Mild cognitive impairment (MCI) and Normal cognition:**
High frequency in home monitoring data [5]
 - such data could reduce sample size needed for clinical trials
 - reduce exposure of participants to potentially harmful drugs

Measurables from digital devices (sensors)

- Measures the behavior of subjects:
 - Sleep, mood, physical activity, social activity, eating behaviors
- Infer cognitive and functional status

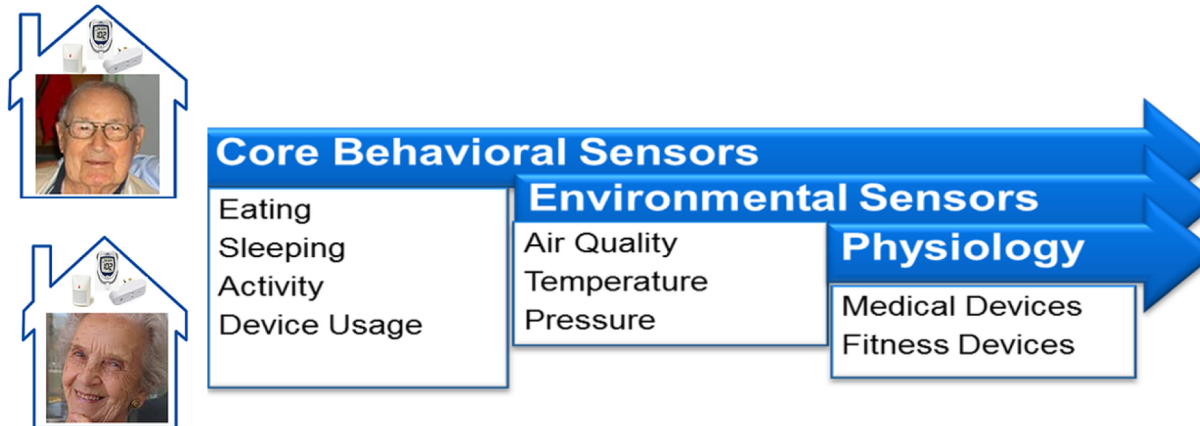
Platforms:

- **Oregon center for aging and technology:** time and location of sleep, patterns of movement around home, taking of medications, use of a phone or computer, driving, opening and closing of doors and refrigerators [6]

Measurables from digital devices (sensors)

- **EmPowerYu:** sensors to detect motion within a fixed space, appliances being turned on and off, doors opening closing
 - time/sequence tracking with **machine learning approaches** to assess gait, pacing, night wandering, repetitive activities, medication compliance

The System



Green means everything is normal.
Orange means a problem is detected.

Two user status panels are shown. The top panel is for 'John' and has a green header. It includes a photo of John, a bed icon, 'System Connected', a green checkmark icon, 'Status: Normal (R)', 'Level 1', and 'Last sign of activity: 0h 32m'. The bottom panel is for 'Mrs. Mac' and has an orange header. It includes a photo of Mrs. Mac, a person walking icon, 'System Connected', a person walking icon with a green checkmark, a thermometer icon with a green checkmark, a medical icon with an orange warning sign, 'Level 2', and 'Last sign of activity: 11 secs'.

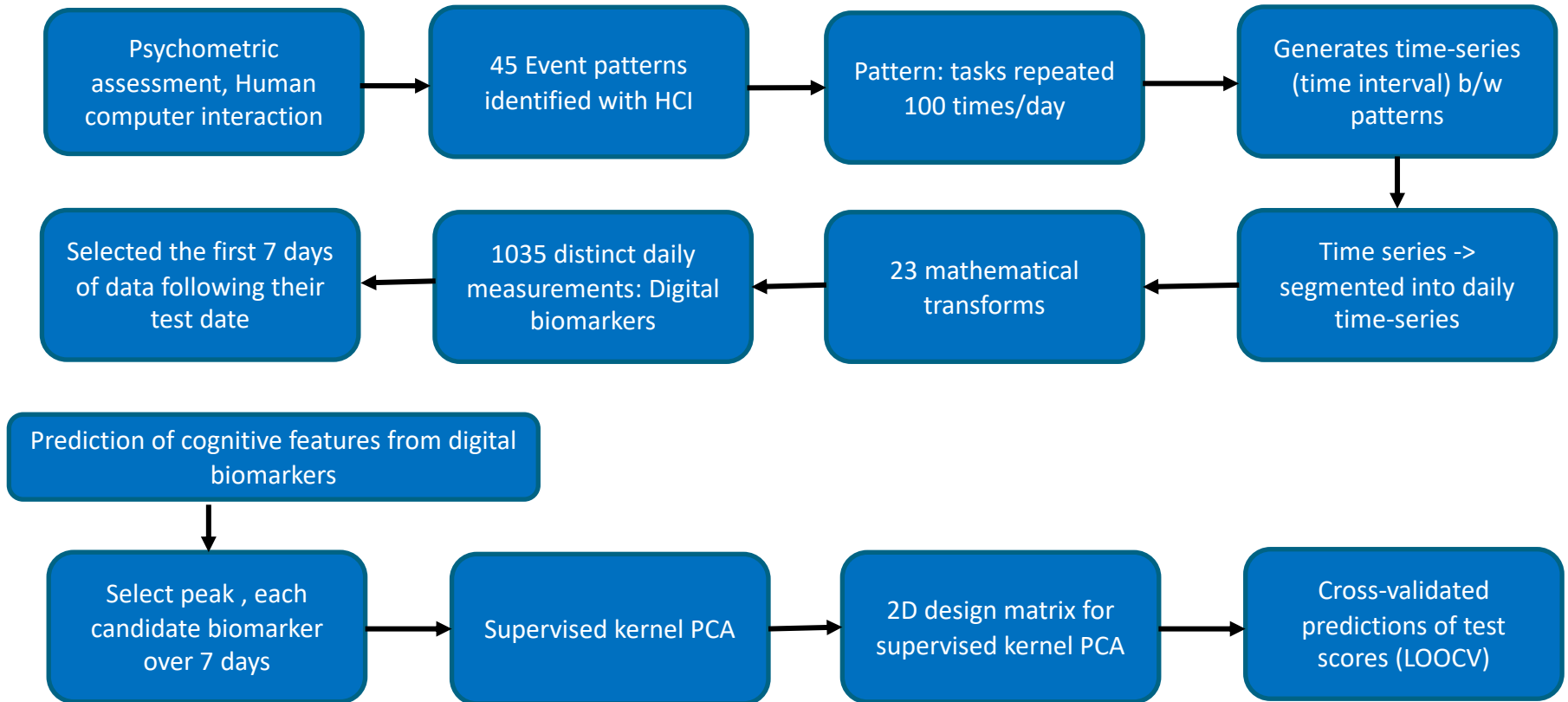
Measurables from digital devices (sensors)

- **EmPowerYu:** sensors to detect motion within a fixed space, appliances being turned on and off, doors opening closing
 - time/sequence tracking with **machine learning approaches** to assess gait, pacing, night wandering, repetitive activities, medication compliance
- Assessing **cognition from behavioral and functional changes**, many devices capture metadata that may even capture subtle cognitive changes
- **Digital pen** as an **alternative in Trails B test or Clock Drawing Test**: also tracks when pen is lifted from paper, which may indicate altered cognitive processes [7]
- **Speech patterns**: might be **early markers** of cognitive decline in AD [8]

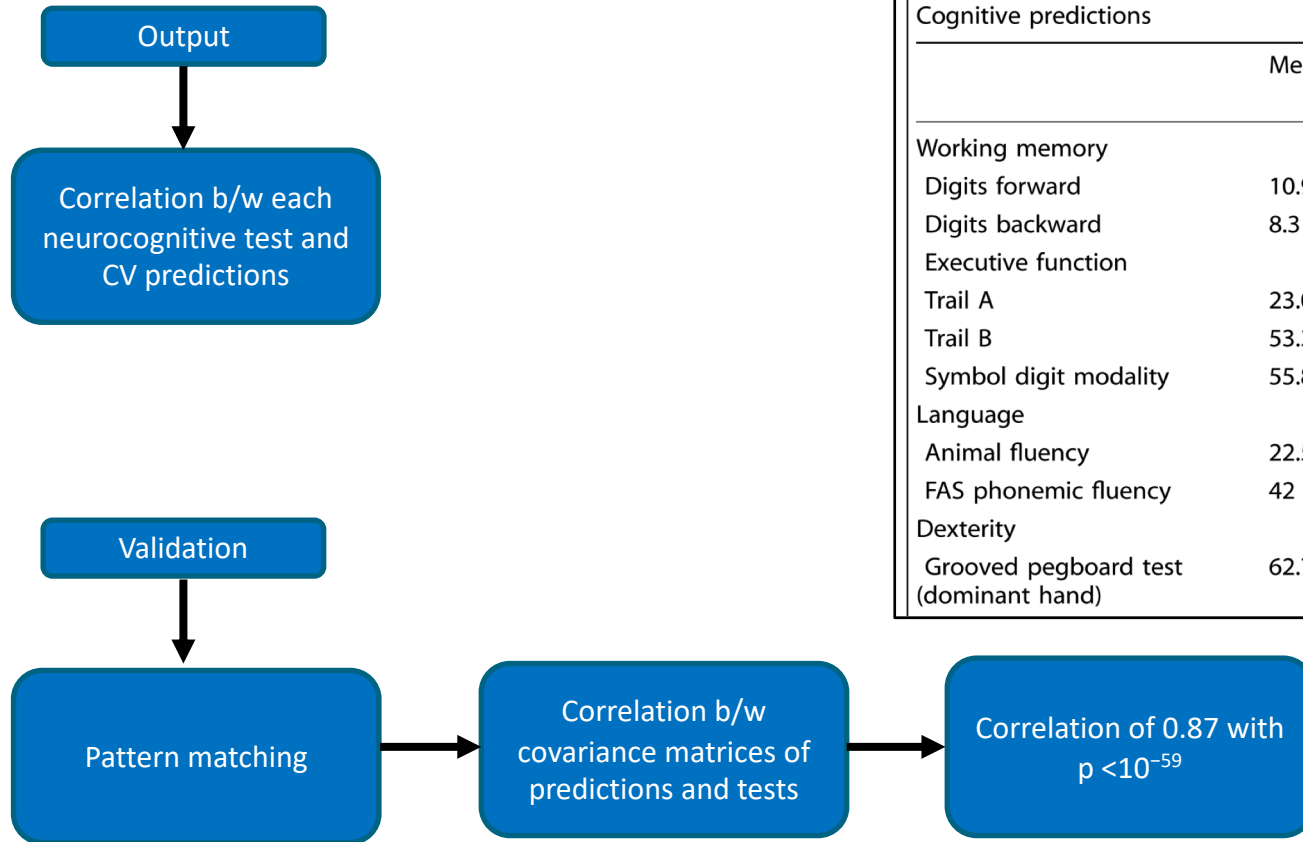
Association of digital biomarkers with cognitive function

- **Aim: to identify digital biomarkers correlated with neuropsychological performance**
- Analyzed human–computer interaction (HCI) from 7 days of smartphone use in 27 subjects (ages 18–34) who received a gold standard neuropsychological assessment
- Neuropsychological tests for:
 - working memory
 - memory
 - executive function
 - language
 - intelligence

Association of digital biomarkers with cognitive function



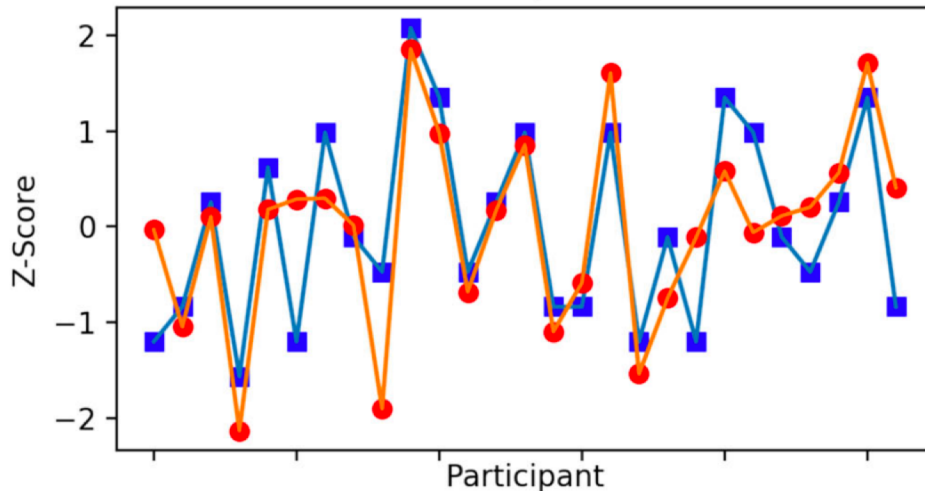
Association of digital biomarkers with cognitive function



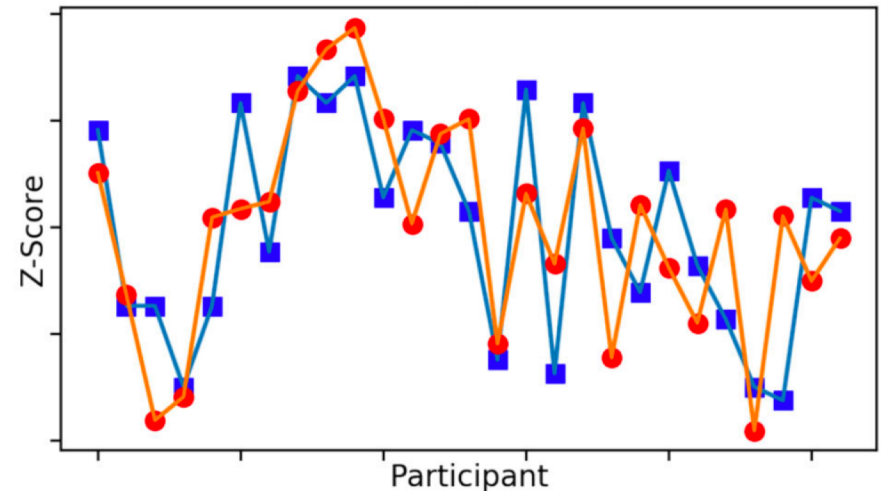
Cognitive predictions	Mean (SD)	Range	<i>R</i> (predicted), <i>p</i> -value
Working memory			
Digits forward	10.9 (2.7)	7–15	$0.71 \pm 0.10, 10^{-4}$
Digits backward	8.3 (2.7)	4–14	$0.75 \pm 0.08, 10^{-5}$
Executive function			
Trail A	23.0 (7.6)	12–39	$0.70 \pm 0.10, 10^{-4}$
Trail B	53.3 (13.1)	37–88	$0.82 \pm 0.06, 10^{-6}$
Symbol digit modality	55.8 (7.7)	43–67	$0.70 \pm 0.10, 10^{-4}$
Language			
Animal fluency	22.5 (3.8)	15–30	$0.67 \pm 0.11, 10^{-4}$
FAS phonemic fluency	42 (7.1)	27–52	$0.63 \pm 0.12, 10^{-3}$
Dexterity			
Grooved pegboard test (dominant hand)	62.7 (6.7)	51–75	$0.73 \pm 0.09, 10^{-4}$

Association of digital biomarkers with cognitive function

(a) Digits Backward
corr = 0.75 p = 7.5e-06

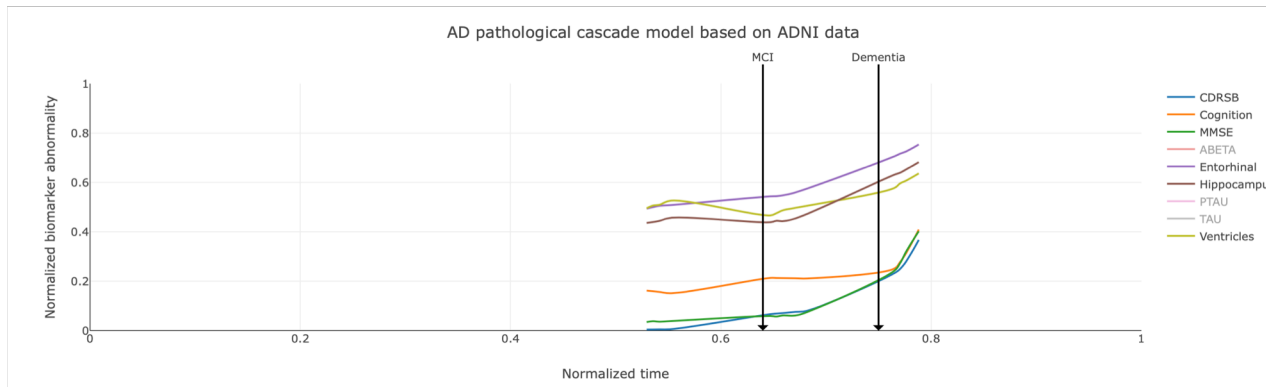
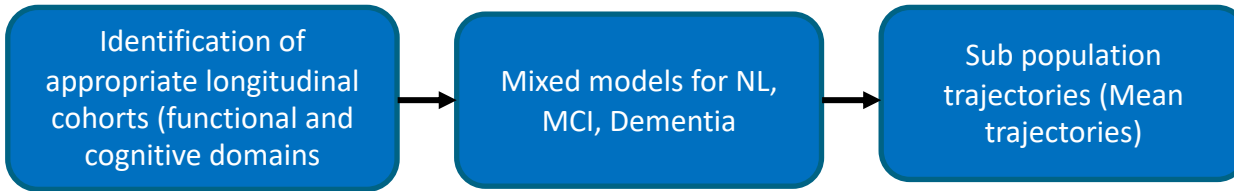


(b) Symbol Digit Modality
corr = 0.7 p = 5.5e-05

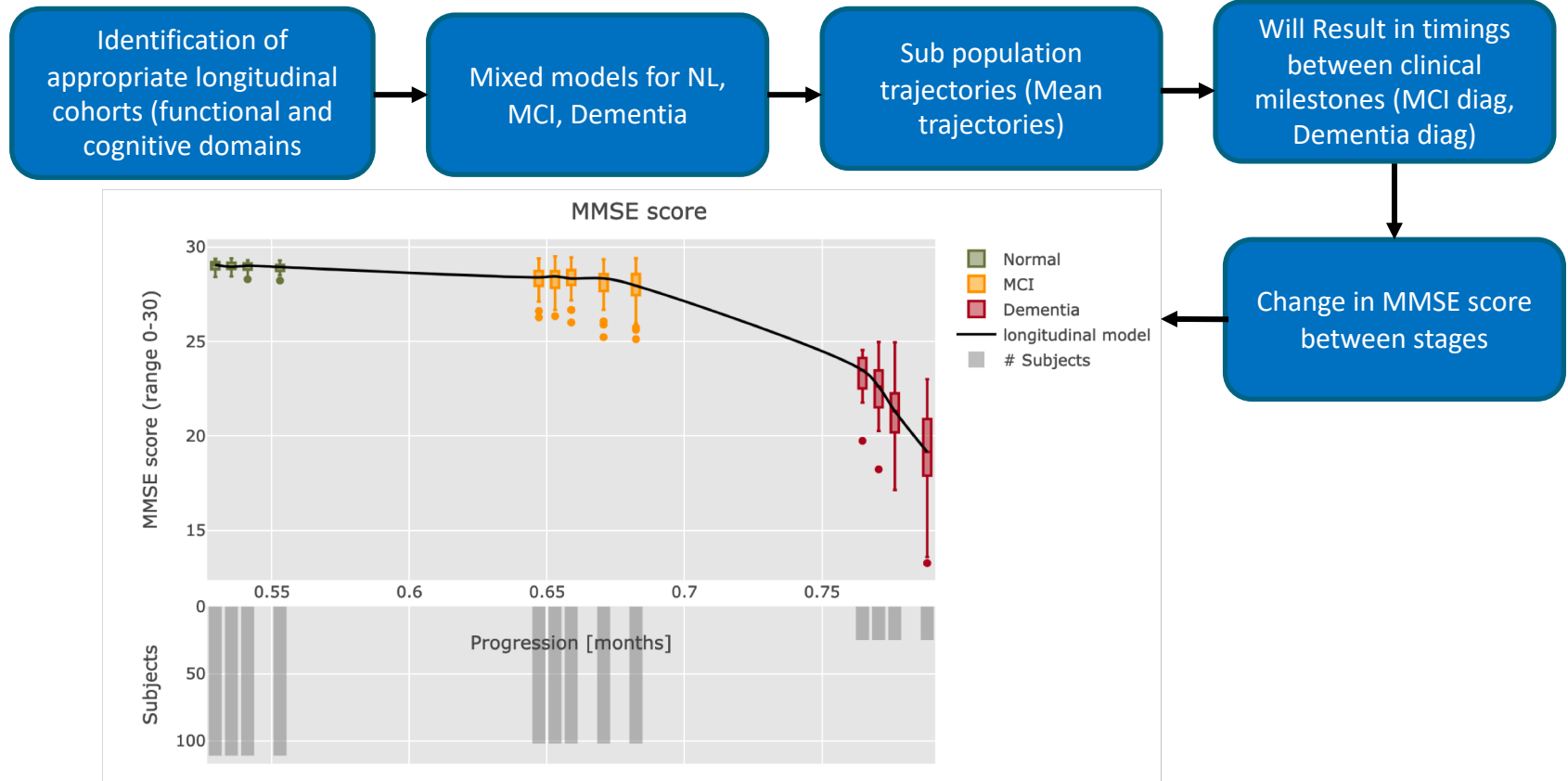


These preliminary results suggest that passive measures from smartphone use could be a continuous ecological surrogate for laboratory-based neuropsychological assessment.

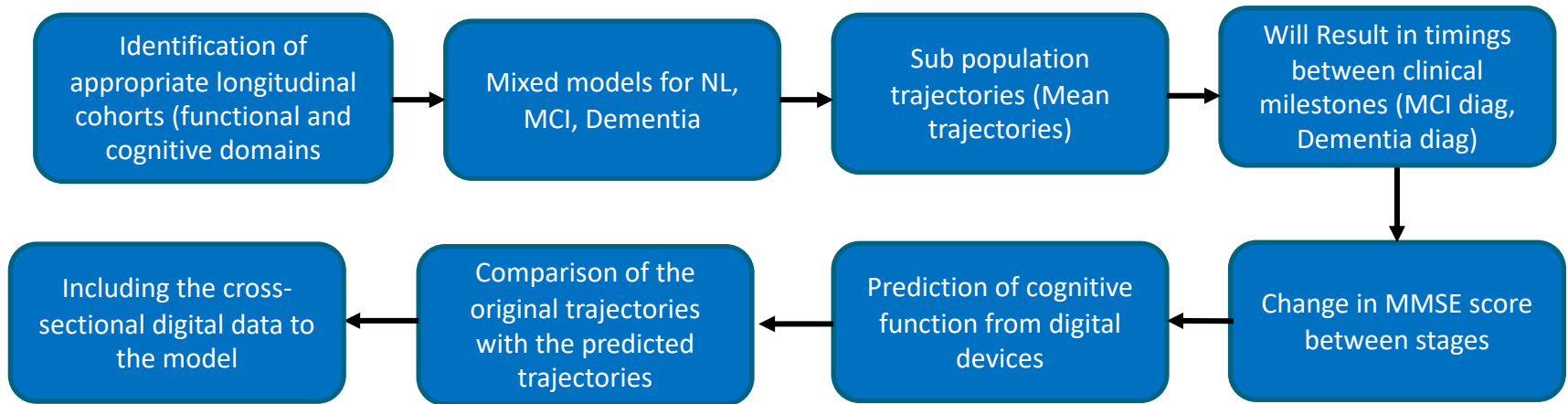
Workflow for RADAR-AD



Workflow for RADAR-AD



Workflow for RADAR-AD



Advantages of digital technologies

- Unobtrusive, ecological and provide dense daily measurements
- Enhance the patient and caregiver experience
- Help patients learn about and manage their health
- Engage participants in drug development and other treatment protocols
- Tools facilitating early identification of cognitive impairment: might encourage people to enrol in trials earlier
- Identifying potential participants in early stages of cognitive impairment with digital tools:
 - reduce trial duration
 - costs
 - improve outcomes

Challenges of digital technologies

- Complex tools may require technology, motor or cognitive skills that some participants might not possess: use of different tools for different populations
- Ethical challenges when used in clinical trials: increase in time and cost of development
- Data privacy: biggest concern
 - participants usually less willing to share passive data
 - concerns like data sharing might impact their daily life
 - caregivers have concern: ability to turn off the device, info what is being recorded
- Small sample size relative to large number of potential biomarkers

References

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